

My Skincare ROUTINE

Real Women
Real Skin
Real Results

HEALTHY, CONFIDENT SKIN
AT EVERY STAGE

BRIGHTER | FIRMER | MORE EVEN TONE | BEAUTIFULLY PROTECTED



Daytime ROUTINE

PROTECT • BRIGHTEN • HYDRATE • FIRM

1



CLEANSE

**TimeWise Repair®
Volu-Firm® Foaming Cleanser**
Gently cleanses while maintaining skin's moisture.

2



BRIGHTEN

**Clinical Solutions®
Ferulic + Niacinamide Brightener**
Helps reduce the appearance of discoloration and promotes a brighter, more even-looking skin tone.

3



HYDRATE

**Clinical Solutions®
HA + Ceramide Hydrator**
Helps boost skin's hydration, support the skin barrier and improve skin's smoothness.

4



ANTIOXIDANT

TimeWise Replenishing Serum C+E®
Three sources of vitamin C, vitamin E and navy bean extract help reduce the appearance of surface discoloration and support a radiant complexion.

5



FIRM & LIFT

**TimeWise Repair®
Volu-Firm® Advanced Lifting Serum**
Helps improve the appearance of firmness, elasticity and definition.

6



MOISTURIZE & PROTECT

TimeWise Repair® Day Cream SPF 30
Moisturizes, helps firm and provides broad-spectrum SPF 30.

7



EYES

**TimeWise Repair® Volu-Firm®
Eye Renewal Cream**
Targets lines, firmness and under-eye discoloration.



Nighttime ROUTINE

REPAIR • RENEW • RESTORE • REJUVENATE

1



CLEANSE

**TimeWise Repair®
Volu-Firm® Foaming Cleanser**
Gently cleanses while maintaining skin's moisture.

2



TREAT (SUNDAY NIGHT ONLY)

Clinical Solutions® Retinol 0.3
Helps improve the look of firmness, deep lines, skin texture and blotchiness.

Use only 1 night per week and slowly increase frequency as tolerated.

3



EXFOLIATE (WEDNESDAY NIGHT ONLY)

Clinical Solutions® PHA + AHA Resurfacer
Gently removes dull surface cells to reveal smoother, more radiant skin.

Use only at night, once per week. On a different night than the Retinol 0.3.

4



FIRM & LIFT

**TimeWise Repair®
Volu-Firm® Advanced Lifting Serum**
Helps improve the appearance of firmness, elasticity and definition.

5



MOISTURIZE & REPAIR

TimeWise Repair® Night Treatment
Retinol-infused formula helps improve the look of firmness, deep lines and skin texture.

6



EYES

**TimeWise Repair® Volu-Firm®
Eye Renewal Cream**
Targets lines, firmness and under-eye discoloration.

Consistent Care
Real Results



BRIGHTER
SKIN



FIRMER
SKIN



MORE EVEN
TONE



BEAUTIFULLY
PROTECTED